

THE HIGHLANDER



AUGUST 15, 2010

PUBLISHED MONTHLY BY THE CITY OF HIGHLAND PARK

New Refuse/Recycling Rates and Services Effective October 1

On July 26, the City Council approved a new five-year agreement with Veolia Environmental Services for the provision of volume-based refuse, recycling and yardwaste collection from all single-family residences within Highland Park. Under terms of the approved agreement, which commences on September 1, 2010, residents will transition to new rates and service levels beginning on October 1, 2010. Accordingly, residents will maintain their existing services through the month of September, in order to allow for an orderly transition to the City's new waste and recycling collection program.

The new franchise agreement preserves the volume-based rate structure that is contained in the City's present franchise agreement with Veolia, in that disposal costs correlate directly to the amount of refuse that is generated. This "pay-as-you-throw" approach to waste disposal has led Highland Park to become the leading producer of recyclable materials throughout Lake County, and aligns directly with the City's ongoing commitment to demonstrating leadership on matters relating to the furtherance of environmental sustainability at the local level.

Presently, more than half of the residences in Highland Park utilize volume-based service, whereupon a sticker is affixed to each bag or container that is designated for disposal. Alternatively, all

remaining single-family residences are serviced under once or twice weekly subscription service at monthly rates of \$28.83 and \$44.93, respectively. Under terms of the new agreement, the present sticker price of \$2.84 will be reduced to \$2.35, and each single-family residence will be assessed a base service fee of \$60 per year, equivalent to \$5 per month.

The base service fee will be charged to customers beginning September 1, and will appear on bills for new services beginning October 1. This fee is necessary in order for Veolia to cover fixed operating costs for personnel, equipment and fuel under a volume-based system, where collection must be provided even if there is no refuse designated for collection.

Under the new agreement, residents can choose to maintain the collection of refuse at the back door and recyclables at the top of the driveway, or they can choose to place refuse and recyclables at the curb for collection. Residents seeking to maintain back-door collection will have a \$15/month convenience fee added to their monthly bills, regardless of whether they choose volume-based or subscription service.

The six options that residents may select for service beginning on October 1 are as follows:

- **Volume-Based Curbside:** Under this option residents receive a free 35-gallon refuse cart and a free 65- or 95-gallon recycling cart. Residents pay only the \$5/month base service fee, and \$2.35 per sticker each time the 35-gallon refuse container is placed curbside for collection. Each additional 33-gallon container designated for disposal requires an additional sticker, and there is no limit on the amount of recyclables that can be collected. Collection occurs once-per-week.

- **Volume-Based Back-Door:** Under this option residents utilize their own refuse containers (33-gallon) and 18-gallon bins that are currently used for recycling. Residents pay the \$5/month base service fee, a \$15 back-door convenience fee and \$2.35 per sticker each time a container is placed at the back-door for collection. Each additional container designated for disposal requires a pre-paid sticker, and there is no limit on the amount of recyclables, which are collected at the top of the driveway. Collection occurs once-per-week.



Veolia trucks will use an automated arm to empty refuse and recycling carts placed at the curb. Furthermore, trucks operating in Highland Park will run on compressed natural gas (CNG) beginning in 2011, thereby reducing the City's carbon footprint.

(See Refuse, continued on page 4)

'HIGH' NOTES

Labor Day Holiday Information

City offices will be closed on Monday, September 6, in observance of Labor Day. Residents are asked to call the Public Safety switchboard at (847) 432-7730 if assistance is required. Also, please remember that garbage will not be collected on Monday, September 6, in observance of the holiday. Residents with Monday refuse and recycling collection will receive service on Tuesday, September 7. Thereafter, the collection schedule for the remainder of the week will be one day later than usual. For more information, please call Veolia Environmental Services at (847) 272-4145.

Concert Series Winds Down

Don't miss out on a free, family-oriented evening of entertainment. The following summer concerts remain in August:

August 19 Bopology
August 21 Dr. Mark and the Sutures

Both concerts begin at 7:00 p.m. in Port Clinton Square, located on Central Avenue between First and Second Streets. Admission is free. For more information, please contact Renee Helm in the City Manager's Office at (847) 926-1030/rhelm@cityhpil.com.

Register Now For Electronic Distribution of *The Highlander*

Residents are encouraged to opt-in to receive an electronic version of *The Highlander* newsletter. Please visit www.cityhpil.com and follow the link under "City News" entitled "Register to Receive *The Highlander* Via E-mail" in order to sign up. Registration is completed through the Police Department's existing CitizenObserver software program, which creates an individual account. Thereafter, an e-mail will be sent to registered users on the 15th of each month with an attachment of *The Highlander* and link to the City's website, www.cityhpil.com. Residents will continue to receive a paper copy of the newsletter via regular mail. For more information, please contact Emily Palm, Management Analyst, at (847) 926-1046/epalm@cityhpil.com.

Nominations Sought for Mayor's Beautification Awards

The Business and Economic Development Commission is currently accepting nominations for the Mayor's Beautification Awards. These Awards recognize Highland Park businesses whose overall appearance integrates aesthetics and consistency within the environment of the community. Given annually, award recipients will be granted a Mayoral Certificate, and receive public recognition at a City Council meeting, in *The Highlander* and through a press release issued by the City. One award will be granted in each of the following categories: Retail, Restaurants, Automobile Dealer, Office Buildings and Service Businesses. Applicants will be evaluated based on the following criteria: Building Appearance, Cleanliness, Window Clarity, Adherence to City Code and Landscaping. Nomination forms are located on the City's website at www.cityhpil.com and must be postmarked by September 20. For more information, please contact Scott Shamberg in the Office of Economic Development at (847) 926-1028 or sshamberg@cityhpil.com.

Golf Course Open House Scheduled

The Lake County Forest Preserve Master Plan Advisory Committee will host an Open House regarding future public use of the Ft. Sheridan Preserve golf course, at which time the public can review and offer comment on three concepts the Committee is currently considering. Each concept incorporates a 9-hole golf course blended with natural areas and public access. The Open House will be held on Thursday, August 26, from 5:00 p.m. - 7:30 p.m. at the Gorton Community Center, 400 E. Illinois Road, Lake Forest. The three concepts are also available for review on the second floor of City Hall, 1707 St. Johns Avenue. Alternatively, residents may view the concepts and submit comments at the Lake County Forest Preserve's website www.lcfdpd.org/fort. Following the Open House, the Master Plan Advisory Committee will meet again in September to continue its efforts to reach a consensus on a recommendation for the Lake County Forest Preserve Board. For more information, please contact the Lake County Forest Preserve District at (847) 968-3206.

Vehicle Sticker Applications Available in August

Renewal applications for City vehicle stickers will be mailed to residents at the end of August. Stickers cost \$40 per passenger vehicle and must be displayed by October 1. For an additional \$30, residents may upgrade their sticker to support the District 112 Education Foundation and receive a discount card for use at various local retailers. For convenience, residents are strongly encouraged to renew vehicle licenses online or send in their vehicle sticker renewal applications by mail in advance of the October 1 due date. Instructions on how to renew vehicle licenses online can be found at www.cityhpil.com by selecting the "Online Vehicle Stickers" link. Please note that information from vehicle license renewal application packets will be required to access vehicle information online. Residents are asked to verify that all information appearing on renewal applications is correct. Residents failing to purchase vehicle stickers by the deadline will be subject to a late fee of \$10 per sticker. Additionally, residents failing to display a sticker after October 1 may be subject to a fine of \$50. New residents and those who do not receive renewal packets in the mail by August 31 are asked to contact the Finance Department at (847) 432-0800/finance@cityhpil.com.

Downtown Gears Up for Fashionable Festivities

The Downtown Alliance invites residents to attend a night of shopping and entertainment on September 10 as part of 'Fashion's Night Out' hosted by Saks Fifth Avenue. The Saks event will include fashion-themed demonstrations, make-up applications, music and refreshments. The evening will also include additional fashion-themed events at other participating Downtown Highland Park retailers and restaurants. Throughout the month of September, the Alliance will host a 'mannequin catwalk' on Central Avenue. For more information, visit www.downtownhp.com or contact Bridget Kagan, Downtown Alliance Marketing and Communications Coordinator, at (847) 780-4293/bridget@downtownhp.com.

BUSINESS REPORT

Monthly Business Report

The following businesses have opened or relocated in Highland Park. For more details, please contact Carolyn Hersch, Economic Development Assistant, at (847) 926-1027/chersch@cityhpil.com.

- **Tryst Beauty on Elm Place**
Hair Salon & Spa
587 Elm Place
(847) 791-6769
 - **Kiddie Corner**
Classes for children up to age 6
2126 First Street
(847) 433-7004
 - **Center Stage Academy of Dance**
Dance Instruction
1901A Skokie Valley Road
(847) 831-0900
 - **Moccio's Pizzeria**
Restaurant
1620 Deerfield Road
(847) 831-6900
 - **Kenzy Gifts & Décor**
Home Décor and Gifts
1849 Green Bay Road
(847) 971-5051
 - **The Music Theatre Company**
1850 Green Bay Road
Theatrical Production
(847) 579-4950
- Relocated**
- **Chen & Chen Highland Park**
Furniture Store
1870 Sheridan Road
(847) 432-2828

Message from the Mayor



This month's issue of *The Highlander* includes an announcement that vehicle sticker applications will be mailed to residents at the end of August. I wanted to take this opportunity to also remind Highland Parkers about a great opportunity to assist our schools. Over the past 11 years, the City of Highland Park has partnered with the I12 Education Foundation on the "Drive for Education Vehicle Sticker Program." Residents have the option when purchasing their vehicle sticker to pay an additional \$30 dollars that is transferred to the Foundation. Participating residents also receive a discount card for use at various retailers. The Foundation is made up of a volunteer group of parents, teachers, administrators, board representatives and business leaders, committed to enhancing educational opportunities for all children in North Shore School District I12. The vehicle sticker program is a major source of funding for the Foundation, in addition to other charitable contributions.

The Foundation's purpose is to provide support for unique educational programs that would not otherwise be provided through regular District funding. As a result of your generosity, past and ongoing programs have included: art and music education in the schools; grants to students for Kids in Community Service (KICS) projects; grants to teachers for innovative programming; technology enhancements; professional author visits; scholarships for summer school and extracurricular activities; and, music enrichment with Ravinia Festival musicians.

As Mayor, and on behalf of the entire City Council, I am very proud of our affiliation and support of this program. Every other year our school children actually design the "Drive for Education" vehicle sticker. On several occasions the City Council and the public get to hear from the schoolchildren participating in the KICS program at one of our regularly scheduled meetings. I am always amazed by the thoughtfulness, sophistication and civic-mindedness of the projects undertaken by these young people. As a public servant it gives me great confidence for the future. It is my goal to increase Highland Park vehicle owner participation in this program from 6.5% to at least 15%.

Please join me in supporting the I12 Education Foundation and investing in our future with a I12 Education Foundation Vehicle Sticker. For more information, visit www.I12foundation.com.

Thank you, Mayor Michael D. Belsky

A handwritten signature in cursive script that reads "Michael D. Belsky".

ComEd Provides City with Annual Report for 2009

Recently, Commonwealth Edison submitted its 2009 annual report to the City of Highland Park. The report details ComEd's performance during the past year and outlines ComEd's reliability improvement plans for 2010. The report indicates that Highland Park experienced fewer outages than average for ComEd's electrical grid and the average outage duration was considerably less when compared to the entire system in 2009. ComEd completed several improvement projects in 2009, including: installation of switches that reduce the number of customers affected during an interruption; enhancing reliability by replacing underground distribution cables; and trimming trees in problem areas midway through planned four-year trimming cycles. Additionally, ComEd has scheduled the following improvements in 2010: performing line clearance tree trimming on circuits located in the City as part of vegetation management; replacing underground cables to reduce the number of and duration of service interruptions; and increasing circuit capacity through the installation of new circuits. Residents can assist ComEd by ensuring that trees located on private property are properly trimmed to avoid contact with electrical lines. As most residents know, a significant portion of service interruptions in Highland Park are due to contact between electrical wires and vegetation. For further details regarding the 2009 annual report, contact Brian Bourdeau in the City Manager's Office at (847) 926-1043/bbourdeau@cityhpil.com.

CITY NEWS

Refuse: Residents Should Complete Selection Survey by September 1

- **Once/Week Subscription Curbside:** Under this option residents receive a free 65-gallon refuse cart and a free 65- or 95-gallon recycling cart. Residents pay the \$5/month base service fee and \$18.96/month for the collection of the 65-gallon cart or up to two of their own containers (33-gallon), once per week. Each additional container designated for disposal requires a prepaid sticker, and there is no limit on the amount of recyclables that are collected.

- **Once/Week Subscription Back-Door:** Residents utilize their own refuse containers (33-gallon) and 18-gallon bins that are currently used for recycling. Residents pay the \$5/month base service fee, a \$15 back-door convenience fee and \$18.96/month for the collection of up to two containers, once per week. Each additional container designated for disposal requires a prepaid sticker, and there is no limit on the amount of recyclables, which are collected at the top of the driveway.

- **Twice/Week Subscription Curbside:** Residents receive a free 65-gallon refuse cart and a free 65- or 95-gallon recycling cart. Residents pay the \$5/month base service fee and \$37.92/month for the collection of the 65-gallon refuse cart or up to two of their own containers (33-gallon), twice per week. Each additional container designated for disposal requires a prepaid sticker, and there is no limit on the amount of recyclables that are collected.

- **Twice/Week Subscription Back-Door:** Residents utilize their own refuse containers (33-gallon) and 18-gallon bins that are currently used for recycling. Residents pay the \$5/month base service fee, a \$15 back-door convenience fee and \$37.92/month for the collection of up to two containers, twice per week. Each additional container designated for disposal requires a prepaid sticker, and there is no limit on the amount of recyclables, which are collected at the top of the driveway.

Between October 1 - November 30, residents may switch service levels at no charge. Beginning December 1, residents switching from curbside collection to back-door collection will be subject to a \$50 switch fee, but no fee will be assessed to residents who switch from back-door collection to curbside collection. A discounted \$20 cart delivery fee will be assessed to residents switch-

ing from subscription to volume-based service between December 1 and March 31, 2011; thereafter, a cart delivery fee of \$40 will apply. If a resident selecting curbside service initially refuses to take delivery of either a refuse and/or recycling cart delivered by Veolia in late September, the resident must pay a \$40 cart delivery fee if such cart(s) are requested at a future date. Subscription service rates may be suspended for periods of 90 days or longer, however, residents will continue to pay the base service fee during any suspension of service.

Surveys outlining each of these service levels and allowing residents to select the service that best fits their respective needs were mailed to all single-family households during the second week in August. Service selection surveys can also be completed online, and

it is necessary for each residence to complete a survey, even if they are not changing the manner in which their refuse and recyclables are collected. It is requested that residents complete these surveys and submit the requested information to Veolia by no later than September 1, in order to allow adequate time for cart deliveries and the training of personnel prior to October 1. Residents selecting curbside service will need to designate if they wish to receive either a 65- or 95-gallon recycling cart. 35-, 65- and 95-gallon carts are available for inspection on the second floor of City Hall

through the remainder of 2010, in order to assist residents in determining the cart sizes that best fit their needs. City Hall is open Monday - Friday between the hours of 7:30 a.m. and 5:00 p.m. Residents who fail to indicate a desired service level prior to October 1 will automatically have refuse and recyclables collected at the curb under the City's volume-based sticker program.

Yardwaste will continue to be collected between April 1 and December 15 on either a volume-based or subscription basis. Under the volume-based option, a \$2.35 sticker must be affixed to each 33-gallon bag, container or bundle (no larger than 24" in diameter and four feet in length) that is designated for collection. With subscription service, residents can elect to pay \$216.00 annually for unlimited yardwaste collection.

Under further provisions contained in the new franchise agreement, all refuse and recycling trucks operating in Highland Park

(See *Refuse*, continued on page 8)

New Refuse Collection Rate Chart (Effective October 1, 2010)

| | |
|-----------------------------|----------------|
| Base Service Fee | \$60/year |
| Curbside Collection | |
| Volume-Based Sticker | \$2.35/sticker |
| Once Per Week Subscription | \$18.96/month |
| Twice Per Week Subscription | \$37.92/month |
| Backdoor Collection | |
| Volume-Based | |
| Backdoor Convenience Fee | \$15/month |
| Volume-Based Sticker | \$2.35/sticker |
| Once Per Week Subscription | \$33.96/month |
| Twice Per Week Subscription | \$52.92/month |
| Landscape Waste | |
| Volume-Based | \$2.35/sticker |
| Subscription | \$216/season |

PUBLIC SAFETY

Port Clinton Art Festival & Taste of Highland Park: August 27-29

In conjunction with the annual Port Clinton Art Festival, the 4th Annual Taste of Highland Park will kick-off at 6:00 p.m. on Friday, August 27, with 16 Highland Park food establishments offering delicious culinary delights and specialty drinks. This year's participants include Abigail's, Bluegrass, Café Central, City Park Grill, Fuddruckers, Jade Café, Lincolnshire Gourmet, Lou Malnati's, Max's Deli, Moccio's Pizzeria, Real Urban BBQ, Stash's, Sunset Foods, Sushi Kushi, Tamales and That Little Mexican Café. In addition, the Highland Park Chamber of Commerce will also serve beer and wine.

On opening night at 6:00 p.m., do not miss The New Invaders ultimate 60's flashback from Brit Rock to Woodstock. At 8:00 p.m., Maggie Speaks will take the stage and perform a range of music from rock to pop, R&B into hip-hop, and country through funk.

On Saturday, August 28, kicking off an exciting night of music is Libido Funk Circus at 6:00 p.m. This band performs instrumental gymnastics in costumes with a tribute to the Disco music of the 70's. Saturday night will also feature Vintage, a classic rock band at 7:00 p.m. At 8:30 p.m., former members of the Chicago cast of the Tony Award winning Jersey Boys will bring their new show, *Under the Streetlamp*, to the Taste stage.

Don't miss special musical performances throughout the day on Saturday and Sunday, including Cirrus Falcon, Robbie Gold, Midwest Young Artists and the Northshore School of Dance.



Under the Streetlamp...the Former Chicago Cast of the Jersey Boys will headline the Taste of Highland Park weekend and perform on Saturday, August 28, at 8:30 p.m.

Taste hours of operation will run on Friday, August 27, from 6:00 p.m. to 10:00 p.m.; Saturday, August 28, from 10:00 a.m. to 10:00 p.m.; and Sunday, August 29, from 10:00 a.m. to 6:00 p.m.

The acclaimed Port Clinton Art Festival runs on Saturday and Sunday from 10:00 a.m. to 6:00 p.m. The Port Clinton Art Festival features 260 world-class juried artists. This family-friendly event offers free hands-on art projects for children. Both the Taste and Art Festival are free to the public.

For more information, please contact Carolyn Hersch, Economic Development Assistant, at (847) 926-1027/chersch@cityhpil.com, or Amdur Productions at (847) 926-4300/www.amdurproductions.com.

Neighborhood Meetings to Begin This Fall

The City of Highland Park will be convening a series of neighborhood meetings this fall as part of an ongoing effort to share information concerning current objectives of the City government with the community. Residents will have an opportunity to conduct a dialogue with the Mayor, members of the City Council and the City Manager. The meetings will be held in September, October and November at various locations throughout the City. Each meeting will begin at 7:00 p.m. and is scheduled to conclude by 8:30 p.m. The meeting locations have been organized in accordance with the Planning Districts utilized for the City's Master Plan. Residents are asked to attend the neighborhood meeting held in the Planning District where their residence is located. If a resident is unable to attend the scheduled meeting in their neighborhood, they are invited to attend a meeting at an alternate location of their choosing.

The September neighborhood meetings are scheduled as follows:

- Central District: Monday, September 20: 7:00 p.m., City Hall, Council Chambers, 1707 St. Johns Avenue
- Westside & Skokie Highway Corridor Districts: Wednesday, September 22: 7:00 p.m., Highland Park Police Station, Training Room, 1677 Old Deerfield Road
- Northwest District: Tuesday, September 28: 7:00 p.m., Heller Nature Center, 2821 Ridge Road

October and November meetings have been tentatively scheduled as follows, pending confirmation of the locations:

- Lakefront District: Tuesday, October 4: 7:00 p.m., Ravinia School, 763 Dean Avenue
- North Central District: Wednesday, October 6: 7:00 p.m., Northwood Jr. High, 945 North Avenue
- Ft. Sheridan District: Tuesday, October 12: 7:00 p.m., Northwood Jr. High, 945 North Avenue
- Southwest District: Wednesday, November 3: 7:00 p.m., Red Oak School, 530 Red Oak Lane
- South Central District: Tuesday, November 9: 7:00 p.m., Edgewood School, 929 Edgewood Road
- Moraine District: Monday, November 15: 7:00 p.m., Indian Trail School, 2075 St. Johns Avenue
- S. Green Bay/Ravinia Districts: Tuesday, November 16: 7:00 p.m., Lincoln Elementary School, 711 Lincoln Avenue West

The locations of the October and November meetings have yet to be finalized. Confirmed meeting information will be included in an upcoming edition of *The Highlander* and the City's website at www.cityhpil.com by early September. For more information or to confirm the Planning District in which you reside, please contact Brian Bourdeau in the City Manager's Office at (847) 926-1043/bbourdeau@cityhpil.com.

COMMUNITY CALENDAR

CITY MEETINGS

The public is invited to attend City meetings, which take place at City Hall, 1707 St. Johns Avenue, unless otherwise noted. Dates and times are subject to change. Call (847) 432-0800 for further details.

| | | |
|-----------------|-----------------------------|-----------|
| Mon., Aug. 16 | Design Review Commission | 7:00 p.m. |
| | Sister Cities Foundation | 7:00 p.m. |
| Tues., Aug. 17 | Plan Commission | 7:30 p.m. |
| Thurs., Aug. 19 | Zoning Board of Appeals | 7:30 p.m. |
| Mon., Aug. 23 | Committee of the Whole | 4:30 p.m. |
| | City Council | 7:30 p.m. |
| Tues., Aug. 24 | Business and Econ. Develop. | 6:00 p.m. |
| Wed., Aug. 25 | Traffic Commission | 6:30 p.m. |
| Thurs., Aug. 26 | Environmental Commission | 6:30 p.m. |
| Wed., Sept. 1 | Housing Commission | 6:30 p.m. |
| Thurs., Sept. 2 | Zoning Board of Appeals | 7:30 p.m. |
| Tues., Sept. 7 | Design Review Commission | 7:00 p.m. |
| | Plan Commission | 7:30 p.m. |
| Thurs., Sept. 9 | Historic Preservation | 7:30 p.m. |
| Mon., Sept. 13 | Finance Committee | 3:30 p.m. |
| | Committee of the Whole | 4:30 p.m. |
| | City Council | 7:30 p.m. |
| Wed., Sept. 15 | Lakefront Commission | 6:30 p.m. |

LIBRARY PROGRAMS

The Highland Park Public Library presents free literacy and cultural programs. Registration for certain programs may be required as noted. The Library is located at 494 Laurel Avenue. For more information, call (847) 432-0216 or visit www.hplibrary.org. The Library will open at 10:00 a.m. on Wednesday, September 1.

Opening Day - Pride & Passion: The African-American Baseball Experience, Sunday, August 22, 1:00 p.m. - 5:00 p.m. Swing by the Library to catch this special exhibit based on a permanent exhibit at the National Baseball Hall of Fame and Museum. Opening Day events will feature a lecture by Sharon Robinson at 1:30 p.m. Ms. Robinson, daughter of baseball legend Jackie Robinson, will discuss her father's role in integrating baseball. Film screenings, a baseball clinic for children, and unveiling of new Negro League Baseball Stamps are scheduled throughout the day. Visit hplibrary.org for more information. The National Baseball Hall of Fame and Museum and the American Library Association Public Programs Office organized the traveling exhibition, which was made possible by a major grant from the National Endowment for the Humanities (NEH).

Storytimes. Fall storytime sessions, with activities designed to foster pre-reading skills for newborns to six-year-olds, begin in September and October. Visit hplibrary.org/kids for storytime dates and times. Registration begins Monday, August 30. Register in the Youth Services Department or online at hplibrary.org/kids.

Career Counseling, Wednesday, September 8, 1:00 p.m. - 4:00 p.m. Meet with a career counselor from College of Lake County for a free half-hour session. Learn job search strategies, find assistance writing or updating a resume, and prepare for a job interview. Register at the Reference Desk or call (847) 681-7031.

CULTURAL ARTS

| | | | |
|---|-----------------------|---|---------------------------|
| Gogh Green Art Sale | The Art Center | Midwest Young Artists Open House | MYA Center |
| Through August 21 | 1957 Sheridan Road | August 26 | 878 Lyster Road |
| Times Vary; Free | (847) 432-1888 | Free; Call for Times | Highwood |
| | | | (847) 926-9898 |
| Flight: Media Exhibit | Heller Nature Center | Poi Dog Pondering | Ravinia Festival |
| Through September 20 | 2821 Ridge Road | August 27, 8:00 p.m. | 200 Ravinia Park Road |
| Times Vary; Free | (847) 433-6901 | \$27 - \$45 | (847) 266-5100 |
| Swords of the Eastern Hemisphere | Historical Society | Pottery and Sculpture | Nicholas Prokos Stoneware |
| Through November 14 | 326 Central Avenue | August 28 - 29 | 1698 First Street |
| Call for Times and Prices | (847) 432-7090 | 10:00 a.m. - 5:00 p.m., Free | (847) 432-5904 |
| Status | The Music Theatre Co. | Tribute to Erich Kunzel | Ravinia Festival |
| August 23 and 24 | 1850 Green Bay Road | September 6, 7:00 p.m. | 200 Ravinia Park Road |
| 8:00 p.m.; \$25 | (847) 579-4900 | \$20 - \$90 | (847) 266-5100 |

FOR THE COMMUNITY

YOUTH SERVICES

Serving youth in the community
1830 Green Bay Road (847) 433-3090

The Firehouse Summer Hours:
Monday - Friday, 9:00 a.m. - 5:00 p.m.
Closed Saturdays and Sundays

The Firehouse School Year Hours:
Effective August 24
Monday - Friday, 3:00 p.m. - 6:00 p.m.
Open on Days off of School for Those Enrolled in Trips Only
The Firehouse will be closed August 16-19, 23, and September 6

REGISTER AT THE FIREHOUSE

Attention 6th graders: you can enjoy all *The Firehouse* Youth Center has to offer! For a \$25 fee, you can join *The Firehouse* through December 31, 2010. Sixth graders are required to follow a closed campus policy. This means that once they have signed in for the day, they must remain in the building or on the premises (unless there is a supervised activity outside of the building) until they get picked up or go home on their own. Parents must sign a permission form, pay the fee and register their child. If you have any questions, please call *The Firehouse* at (847) 433-3090.

DANCE TICKETS ON SALE NOW

6th Grade Back to School Dance

The Firehouse Activity Center; Members: \$6/Non-Members: \$10
Purchase tickets now for the Dance and Activity Night on Friday, September 24. *The Firehouse* is proud to present its one and only "Back-to-School Dance" for 6th graders. Enter contests, enjoy DDR upstairs and dance with a DJ. Pizza will be sold for \$1 per slice.

Dances are held at *The Firehouse*, 1830 Green Bay Road. Doors open at 7:30 p.m. and the event ends at 9:30 p.m. This is a closed-campus event. Tickets may be purchased at *The Firehouse* or on select days in your school cafeteria. Please note that only 200 tickets are sold for each dance event throughout the year.

AFTER SCHOOL TRANSPORTATION

Plan for Fall and register to ride the van to *The Firehouse* after school. Get help with homework, relax with friends and participate in special events. Pre-registration and a nominal transportation fee is required; space is limited. Call (847) 433-3090 to register.

First Semester of the School Year

August 24 - December 17

- 1 Day/Week: \$35/Semester
- 2 Days/Week: \$70/Semester
- 3 Days/Week: \$105/Semester
- 4 Days/Week: \$140/Semester
- 5 Days/Week: \$175/Semester

"AFTER 3" at *The Firehouse*

"AFTER 3" provides highly-trained adult supervisors offering enriching activities that can develop their potential, build their confidence and help them with their schoolwork. "AFTER 3" is from 3:00 p.m. to 5:00 p.m. each school day and registration is required. Participants can sign up for any number of days, from once a week to five days a week.

First Semester of the School Year

August 24 - December 17

- 1 Day/Week: \$35/Semester
- 2 Days/Week: \$70/Semester
- 3 Days/Week: \$105/Semester
- 4 Days/Week: \$140/Semester
- 5 Days/Week: \$175/Semester

Memories That Last A Lifetime

By Helen Rothman, Senior Center Liaison

When I first started writing this column almost fourteen years ago, I was a much younger senior. The years have gone by quickly and faithfully, and I have written many columns. Many residents have asked where I get my ideas. The response is that the readers, who feel as I do on subjects related to aging, inspire me. The columns have been an outlet for my thoughts, feelings, and a way to not only know myself, but to encounter many who relate to my words and are nice enough to tell me so. As time passes, we begin to notice the physical changes we go through, and sometimes it takes the loss of some of these abilities to truly appreciate the years when we were physically capable. Maintaining physical ability and mental alertness is so important, and at the Senior Center, there are opportunities to do both. The staff there would agree with me that age is only a number. The days become weeks, months, then years, and we question how it is that time passes so quickly. We think of the many experiences we had with friends and family, and the memories they will cherish in the future. Hopefully, the heritage we leave is positive. We hope our lives provide an example worth emulating. Surely, children must have seen the parents who loved one another; vacations that widened their world; celebrations where they learned a sense of family; the importance of caring for each other and being there in times of need. While we are here, we need to make each day worthwhile and retain the joy of being alive.



THE HIGHLAND PARK SENIOR CENTER

54 LAUREL AVENUE (847) 432-4110
CITY WEBSITE: WWW.CITYHPIL.COM

HOURS: MONDAY - FRIDAY
8 A.M. - 5 P.M.

Targeting adults 50+ with Education, Recreation, Enrichment Programming, and Support Services

Fall Schedule Begins Week of September 13, 2010

Please call for registration & details on classes, trips, and programs.

Member registration begins August 18 / Non-member registration begins August 25

Exercise with Kris

Mondays: Gentle Stretching (class is seated)
July - December, 9:45 - 10:45 a.m., Fee: \$60 / NM: \$70
* Level 1

Thursdays: Low-Impact Cardio
July - December, 9:45 - 10:45 a.m., Fee: \$60 / NM: \$70
* Level 2

Sit and Be Fit - Chair Exercise
Mondays & Thursday, 1:30 - 2:30 p.m., Begins 9/13
Exercises to increase range of motion, mobility, and strength will be performed, while seated. People with Arthritis, Parkinson's, Fibromyalgia and Chronic Pain conditions are encouraged to attend. * Level 1

Mix - It - Up! Cardio, Strength, Core & More
Tuesdays, 9 - 10 a.m. Begins 9/14
Class includes 20 minutes each of cardio conditioning, strength training, core work, and or stretching. * Level 3

Latin Dance Aerobics: Zumba Gold
Wednesdays, 10:30 - 11:30 a.m. Begins 9/15
Learn lively Latin dances including meringue, cumbia, salsa, cha cha and bachata. * Level 2 / 3

Gentle Tai Chi
Wednesdays, 2 - 3 p.m. Begins 9/15
Based on Sun style Tai Chi, the fundamentals include a set of 12 movements, warm-up, wind-down, and Qi Gong breathing exercises. *Students may choose to participate seated or standing.* * Level 1 / 2

Yoga
Tuesdays & Fridays, 10:30 - 11:30 a.m. Begins 9/14
Students are led through stretches, yoga postures and breathing practices, then guided into deep relaxation.
* Level 1 / 2

Ceramics

Tuesdays, Brown Bag Lunch: 12 - 1 p.m.
Class: 1 - 3 p.m. Begins 9/14
Participants purchase pre-molded and fired pieces called bisque, which they decorate using a variety of painting, stenciling, and sponging techniques. Pieces are fired on site.

Portrait and Landscape Art Class
Wednesdays, 9:30 - 11:30 a.m. Begins 9/15
Designed for the novice student, this class will take you through the basics of drawing and painting, and teach skills including line, form, composition, and color. Instructor: Irving Moses (Supply list at the first class.)

Advanced Drawing and Painting
Thursdays, 1 - 3 p.m. Begins 9/16
Instructor and professional artist, Larry Lubeck, guides experienced students toward improving their drawing and painting skills. Larry offers support in creating artwork based on individual interests and assists in developing use of color, composition and the celebration of life through art. Supply list available at the first class.

Intermediate Bridge
Wednesdays, Sept. 15 - Nov. 3 9:30 - 11:30 a.m.

Common Bridge Conventions
Thursdays, Sept. 16 - Nov. 4 10 a.m. - 12 noon

Beginning Canasta Lessons
Fridays, October 8 - November 12 1 - 3 p.m.
Canasta is a fun and exciting card game which has recently had a resurgence of popularity! Instructor Dotty Guthmann teaches this continuing class which will focus on game strategy. Registrants must have previous experience.

LECTURES

Monday Speaker Series

Highland Park Police Department
10:30 - 11:30 a.m.
FREE - FOR MEMBERS ONLY

August 23 **Navajo Nation**

Bill Helmuth returns to take you on a tribal journey through the life and culture of the Navajo Indians.

August 30 **Meet Johnnie Ray - Part I**



Discover how this farm boy from Oregon, despite a hearing loss, became the international singing sensation of the 1950s, through his unorthodox singing style and paved the way for Rock and Roll. Ed Arturi will let you in on the secrets of his tempestuous lifestyle.

September 6 **Happy Labor Day** No lecture

September 13 **Shirley Temple: Part II**

Susan Benjamin presents the second part of this famous star's life at her monthly, video biography series.

Whitehall of Deerfield HealthCare Center sponsors refreshments on the first Monday of each month.

Healthy Aging 101

Thursdays, 10 - 11:30 a.m. *Free for members*
Please register in advance at (847) 432-4110.

August 19 **It's Nothing to Lose Sleep Over**
Join Brandon Liebig, Clinical Director, Central Sleep Diagnostics, as he discusses sleep health and sleep disorders in the older adult population. Topics include: sleep changes across the life cycle, sleep apnea, insomnia, restless leg syndrome and effective methods and treatments to improve one's overall sleep quality and satisfaction.

September 16 **Bladder, Bladder, What's the Matter**
Don't be afraid of approaching this topic in a group. It is something that many people have to cope with and there is definitely a lot to learn about how to manage the situation. A specialist will be addressing the topic, so please come prepared to ask your questions.

Sponsored by Right at Home

Rise & Shine Humanities Series

2010 - 2011

Highland Park Public Library
September, 2010 - May, 2011
Wednesdays, 10:30 - 11:30 a.m.
Free & Open to the Entire Community
(No advance registration required)

Presented by the Highland Park Senior Center & the Highland Park Public Library

September 15 **U.S. Strategy in Afghanistan**

Returning to kick off the new season of this series is Professor Jim Marquardt to discuss how the U.S. Strategy in Afghanistan is playing out - and how it relates to Obama's foreign policy goals. By September, the U.S. Military offensive in Kandahar, a Taliban stronghold, will be well underway. Also in September, the Obama administration is scheduled to release its quadrennial report on U.S. Security strategy.



Sponsored by Sunrise Assisted Living

Kenney, Miller Bronstein

Lecture Series 2010

Highland Park Country Club
Thursdays, 1 - 3 p.m.
Free for members / NM: \$10

September 30 **The Global Commons**

The earth, air, oceans, airwaves, and even the Internet are the modern global commons., comparable to the village commons of old. Now a new virtual community is taking shape. Its goal is the definition, declaration, and defense of the commons.

Sponsored by ManorCare Health Services

The Senior Center will be closed on Monday, September 6 for Labor Day.

SPECIAL EVENTS

Live on the Links Classic Concerts

Highland Park Country Club
Thursday, September 2
1:30 - 2:30 p.m.
Free; for members only
Pre-registration required

The Music & Dance of Spain: Las Guitarras de Espana

Las Guitarras de Espana presents a wonderful program of music and dance based on "Spanish Guitar." The core ensemble features a guitarist, vocalist, percussionist, and dancers.

*Sponsored by Whitehall of Deerfield
Healthcare Center*

Demetri's Greek Luncheon

660 Lake Cook Road - Deerfield
Friday, September 3
11:45 a.m.
Fee: \$18 / NM: \$27

OPA is a Greek word used to express joy and celebration. This fun restaurant features delicious authentic Greek cuisine. Lunch includes chicken rice soup with lemon, and your choice of entree with sides. Staff will serve a baklava and walnut cake platter for dessert, and beverage. When registering, please indicate your choice of red snapper char-broiled with an olive oil, lemon and herb sauce; chicken with artichokes in a white wine and lemon sauce; or gyros platter with pita, onions, tomato, tzatziki sauce.

For Members Only

Duplicate Bridge
Mondays, 12:30 - 3 p.m.

Yiddish Conversation & Culture
Wednesdays, 1:30 - 2:30 p.m.

"For Men Only" Discussion Group
First Thursday each month, 10 - 11:30 a.m.

Mix and Mingle Social Group

The Highland Park, Lake Forest / Lake Bluff, Northbrook and Patty Turner Senior Centers invite single members to attend the Mix and Mingle Social Group. Registration is required; deadline is 1 week in advance.

Pinstripes Dinner and Bocce or Bowling
Tuesday, August 24
4:30 - 6:30 p.m. **Fee: \$20**

Held at Pinstripes 1150 Willow Road, Northbrook
Pinstripes features exceptional Italian/American food and wine; 18 bowling lanes and 10 indoor/outdoor bocce courts; as well as a beautiful outdoor patio and fireplace. Join fellow members for your choice of bowling or bocce followed by a light dinner featuring your selection of Chicken Marsala, Eggplant Parmesan, or Pepper Steak served with a delicious Risotto, a cookie and brownie platter for dessert, and coffee, hot tea or iced tea.

Bonfire at the Beach
Wednesday, September 22
5 - 7 p.m. **Fee: \$12**

Held Park Avenue Yacht Club

Gather around the campfire to enjoy dinner and lively entertainment. Catered by Sunset Foods, dinner includes: garlic bread, chicken parmesan, twice-baked potatoes, and steamed asparagus. Following dinner, participants will roast s'mores around the campfire while enjoying entertainment by the talented performer AJ Slavin, who will encourage you to join in while he sings songs that will warm your heart. Please register by 9/17/10.

Registration and Refund Policies

- Payment is due when registering. Please advise staff if you require any reasonable, special accommodations for trips, events, or classes regarding dietary or other needs.
- Classes, trips and special events have minimum and maximum numbers for enrollment; please register early to avoid the disappointment of a cancelled activity.
- If you must cancel, refunds will be issued ONLY if the registration fills and a replacement can be found.
- All refunds will be issued after the activity is completed; a \$5 processing fee will be charged. Refunds may take several weeks.

Grief Support Group

Highland Park Senior Center

Free

Tuesdays, October 5 - November 9 10 - 11:30 a.m.
Facing the death of a loved one creates extreme stress and new demands on people. A group like this, facilitated by Paula Cyphers, M.A., and Lois Silverstein, LCSW, provides coping mechanisms and resources for understanding the grieving process and helping you face each day with a more positive approach. This group is focused on those whose loss has been within the past two years. Please call to register.

Caregiver Support Group

Family Service

Free

777 Central Avenue, Highland Park
First & third Thursday of every month, 7 - 8:30 p.m.
Those caring for family members are encouraged to consider joining this group, led by Paula Cyphers, M.A., Social Services Coordinator, and Lois Silverstein, LCSW, to provide the essential support needed to maintain a positive attitude during very stressful times. Please call to register.

Daily Telephone Reassurance

To reassure individuals living alone, a call is made each day to check on their well-being. Emergency procedures are activated if a problem is detected.

Grocery Shopping & Errand Services

Students from the middle schools in Highland Park, under the supervision of staff from *The Firehouse Youth Center* and the Highland Park Senior Center, shop and run errands every Friday afternoon for local home bound residents.

SHIP - Senior Health Insurance Program

Volunteers help solve problems with medical bills, Medicare, Medicare Supplemental Insurance; review long term care policies and planning; assist with Medicare Part D Prescription Drug coverage; decisions involving transition into retirement with regard to insurance coverage.

Seeking Volunteers for Tax Assistance

Put your talent with numbers to good use and consider training to be a VITA (Volunteer Income Tax Assistance) volunteer. You will receive complete training to prepare you to assist eligible members of the community with the filing of their annual tax returns. If you would like more information, please contact Gina Gooden at (847) 926-1865.

Crazy 'Bout the Duke

Skokie Theatre

Wednesday, September 1

Fee: \$50 / \$60

Motorcoach departs Toys R Us at 11 a.m. and returns at approximately 4 p.m.

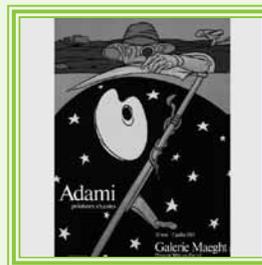
Take a nostalgic trip back in time and listen to the music of a prominent figure in the history of jazz. Prior to the concert, lunch will be enjoyed at the Village Inn. Your entree choices are: 1/2 lb. chopped sirloin burger; teriyaki chicken breast sandwich; Italian beef sandwich; or meatloaf plate. All entree choices include salad, choice of fries, assorted ice cream flavors for dessert, and beverage.

Antiques, Auction Houses & Beyond

Tuesday, September 14

Fee: \$76 / NM: \$86

Motorcoach departs from Toys R Us at 9 a.m. and returns at approximately 3 p.m.



Guided by Joy Horwich, you will see how new dynamics have given more prominence to auction houses in Chicago. You will tour several locations, and see the 'auction in action.' At Prairie Fire, you will enjoy seasonal soup, "Tallgrass" beef with penne pasta & basil tomato sauce, chopped Greek

salad, and a famous chocolate cookie for dessert. After lunch, there will be one more surprise stop.

Treasures of the North Shore

Tuesday, October 19

Fee: \$72 / NM: \$82

Motorcoach departs from Toys R Us at 9 a.m. and returns at approximately 4 p.m.

Tour one of America's wealthiest, most beautiful and architecturally important suburbs. The focus will be on Evanston, Wilmette, Kenilworth, and Winnetka. Included on this tour, with the amazing Bill Hincliff, is the Dawes Mansion (the Evanston Historical Society), the Block Museum of Art (Northwestern University), Bahai Temple, and the Levere Temple of SAE National Headquarters which contains lovely Tiffany glass. Lunch will be at the Celtic Knot and your entree choices are: grilled chicken salad or shepherd's pie.

Additional July & August Sponsors

Belmont Village of Glenview

The Seasons At Glenview Place

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SAVE THE DATE: Late Nite HP will celebrate its fifth anniversary on Friday, September 24, in Port Clinton Square with music and special activities. For more information, please contact Renee Helm in the City Manager's Office at rhelm@cityhpil.com / (847) 926-1030.



Refuse: New Refuse and Recycling Containers to be Delivered to Residents Electing Curbside Collection

will operate on compressed natural gas (CNG) by December 31, 2011. This fuel burns with 85% fewer emissions than traditional motor fuels, thereby reducing the City's carbon footprint while improving local air quality. Additionally, residents will see no change in the days upon which their refuse and recyclables are collected, and any stickers purchased previously under the current program may be utilized once new services are initiated on October 1. New stickers reflecting the reduced rate of \$2.35 will be available for purchase at City Hall, Sunset Foods and Jewel-Osco beginning the week of September 20.

Following the initiation of new rates and service levels on October 1, the City will accept recycling bins utilized by all residences under the previous agreement from residents who no longer require them due to the fact that they now use a cart for recyclables. Further information concerning this will be included in the September 15 edition of *The Highlander*.

Copies of the newly approved franchise agreement are available on the City's website at www.cityhpil.com or at City Hall, 1707 St. Johns Avenue. Residents interested in further information regarding the new rates and service options or initiating service may contact Veolia's Customer Service Department by telephone at (847) 272-4145 between the hours of 7:00 a.m. - 5:00 p.m., Monday - Friday, or via e-mail at highlandpark@veoliaes.com. Residents with additional questions concerning the City's new franchise agreement with Veolia may contact either Renee Helm at (847) 926-1030 / rhelm@cityhpil.com or Brian Bourdeau at (847) 926-1043 / bbourdeau@cityhpil.com in the City Manager's Office.



Residents electing curbside collection will receive refuse and recycling containers at no additional charge from Veolia. The containers will be delivered beginning mid-September for service beginning October 1, 2010.