

THE HIGHLANDER



MAY 15, 2010

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City Approves 2010 Street Program

On April 12, the City Council approved two contracts to complete nearly \$1 million worth of street repairs in 2010, including nine streets paved with asphalt and five streets constructed with concrete. The City expects to spend approximately \$650,000 this year to spot repair curbs, and grind and resurface asphalt on nine streets at a total length of approximately 2.3 miles. Streets are selected for repair based upon a pavement condition index (PCI), which is generated by an analysis that factors the condition and age of street surfaces when they were last evaluated in September 2008. Additionally, a separate Concrete Street Repair Program contract was approved by the City Council on April 12. The City expects to spend approximately \$335,000 this year to spot-repair curbs and replace concrete surfaces on five streets at a total length of approximately 1.4 miles. For both projects, the streets targeted for rehabilitation range in PCI from 39 to 45. Work is expected to begin in mid-May and finish by mid-August, contingent upon weather conditions and project modifications. Although street selection is largely based on PCI, the list of streets may be altered due to unforeseen changes in street conditions. Affected residents will receive a letter describing expected activities and a projected timeline for specific projects. For more information regarding the 2010 asphalt and concrete street repair programs, visit www.cityhpl.com or contact Bill Hall, Project Manager, at (847) 432-0807/bhall@cityhpl.com.

2010 Asphalt Street Repair Program

Street Name	From	To
Briargate Drive	Castlewood Road	Westgate Terrace
Dale Avenue	Prospect Avenue	Park Avenue
Garland Avenue	Ridge Road	Eastwood Avenue
Green Bay Road	Vine Avenue	Park Avenue West
Orchard Lane	Montgomery Avenue	St. Johns Avenue
Pleasant Avenue	Washington Place	Blackstone Place
Ridge Road	Edgewood Road	Old Deerfield Road
Sherwood Road	Richfield Avenue	South End
Spruce Avenue	Park Avenue West	Berkeley Road

City Welcomes New Fire Chief



City Clerk Shirley Fitzgerald swears in Fire Chief Patrick Tanner on April 9, 2010.

Highland Park City Manager David Limardi has appointed Deputy Fire Chief Patrick Tanner as the City's new Fire Chief. Tanner was sworn in on April 9, 2010, following the retirement of former Fire Chief Alan Wax on October 1, 2009. Tanner is a 24-year veteran of the Highland Park Fire Department. His career began in 1985 when he was hired as a Fire Fighter/Paramedic. In 1996, Tanner was promoted to the position of Lieutenant and subsequently, he was promoted to Deputy Fire Chief in 2004. Upon the retirement of Chief Wax last October, Tanner began service as Acting Fire Chief. During his tenure as Deputy Fire Chief, Tanner has been involved in several high-profile projects, including developing specifications for new equipment, serving as director of the Mutual Aid Box Alarm System (MABAS) Division 3 Communications Team, and authoring the Fire Department's first wellness/fitness initiative, which mandated on-duty fitness training and annual medical physicals for Fire Department personnel. Tanner possesses a number of educational qualifications that complement his leadership skills. Tanner holds an Associate's Degree in Fire Science Technology from the College of Lake County along with a Bachelor's Degree in Fire Service Management from Southern Illinois University. Additionally, Tanner has completed the National Fire Service Staff and Command Training through the University of Maryland. For more information, contact the Fire Department at (847) 433-3110.

'HIGH' NOTES

City Office and Waste Pick-Up Schedule Affected; VFW to Observe Memorial Day

City offices will be closed on Monday, May 31, in observance of Memorial Day. Residents are asked to call the Public Safety switchboard at (847) 432-7730 if assistance is required. Also, please remember that garbage will not be collected on Monday, May 31. All Veolia customers will receive collection services a day later in the week than the normal schedule. For further details, please call Veolia Environmental Services at (847) 272-4145.

Veterans of Foreign Wars Post 4737 invite the public to observe Memorial Day during a ceremony on Monday, May 31, at the Memorial Park Monument, 405 Prospect Avenue. Assembly begins at 10:30 a.m. and the observance begins promptly at 11:00 a.m. The Highland Park High School Band will also perform.

Battle of the Bands Returns to Downtown

As part of its ongoing roster of weekend evening entertainment, Late Nite HP will once again team up with Bitter Jester Creative to co-host the 5th Annual "Late Nite HP/Bitter Jester Battle of the Bands" contest. Throughout the month of June, the Battles will feature high school bands from Highland Park and other neighboring communities. Several bands will compete against each other with judges choosing one winning band during each evening. The Battles of the Bands will take place every Friday from June 4 to 25, beginning at 9:00 p.m. in Buhai Plaza at Port Clinton Square, 600 Central Avenue. Weekly winners will advance to the Semi-Finals, held at 6:00 p.m. on July 4th, prior to the City's fireworks display at Wolters Field. Judges pick two of the four Semi-Finalists to contend for cash prizes in a final Battle of the Bands that night, leading to a countdown to the fireworks display. For more information regarding the Battle of the Bands or to register for the event, visit www.latenitehp.com.

Register Now For Electronic Distribution of *The Highlander*

Residents are encouraged to opt-in to receive an electronic version of *The Highlander* newsletter. Please visit www.cityhphil.com and follow the link under "City News" entitled "Register to Receive *The Highlander* Via E-mail" in order to sign up. Registration is completed through the Police Department's existing CitizenObserver software program, which creates an individual account. Thereafter, an e-mail will be sent to registered users on the 15th of each month with an attachment of *The Highlander* and link to the City's website, www.cityhphil.com. Registered users will also have the option to unsubscribe from future e-mails if desired. For more information, please contact Emily Palm, Management Analyst, at (847) 926-1046 or epalm@cityhphil.com.

Register for 'Losers Win' Weight-Loss Challenge

The Healthy Highland Park Task Force is once again sponsoring a "Losers Win" community weight-loss challenge in conjunction with the Healthcare Foundation of Highland Park and the Recreation Center of Highland Park. The "Losers Win" program awards cash prizes to participants based on the percentage of weight lost. Free indoor weekly fitness classes at the Recreation Center, a weekly outdoor exercise class and healthy lifestyle events are some of the many benefits included in the registration fee. In order to participate in this challenge, participants must be at least 18 years of age, live or work in Highland Park or Highwood, and have at least 8%-10% of weight to lose. The challenge begins May 20 - 22 with weigh-ins and onsite registration. For more information and a complete schedule of weigh-ins, visit the City website at www.cityhphil.com or call the Losers Win hotline at (224) 532-8522. Online registration is open through May 19. The registration fee prior to May 19 is \$10. Walk-in registration after May 19 is \$15. The first 250 participants to register will receive a free dishwasher safe portion plate. For more information, please contact Emily Palm, Management Analyst, at (847) 926-1046 or epalm@cityhphil.com.

Youth Employment Referral Service Opportunities

Are you looking for a student to work in your business, office or home? For over thirty years the City of Highland Park Division of Youth Services has provided the community with a youth employment referral service called the H.I.R.E program. Currently, there are over 275 students enrolled in the program. This program provides job referrals to youth in grades 6-12 throughout the year. For more information, please contact Don Miner, Youth Division Services Manager, at (847) 433-3090 or dminer@cityhphil.com.

Win Ravinia Passes Through Downtown Alliance

The Downtown Highland Park Alliance and several downtown businesses will sponsor the Jethro Tull/Procol Harum concert at Ravinia Festival on Sunday, June 20. To celebrate, the Alliance is giving away a season-long lawn and priority parking pass to one person. The season-long pass will admit two people and is valid on all performance dates. E-mail info@downtownhp.com by June 1 to be entered to win. For more information, please contact Bridget Kagan, Downtown Alliance Marketing and Communications Coordinator, at (847) 780-4293/bridget@downtownhp.com or visit www.downtownhp.com.

Land Trust Seeks Volunteers for Community Project

The Highland Park Illinois Community Land Trust (HPICLT) is calling on community members to help remodel a foreclosed home on Saturday, May 22. The home will be the second Leadership in Energy and Environmental Design (LEED)-certified home located between Chicago and Waukegan. The organization is seeking volunteers on May 22 between the hours of 9:00 a.m. and 4:00 p.m. All volunteers must be at least 16 years old. No experience is necessary and lunch will be provided. For more information, please contact Rob Anthony at (847) 681-8746 or ranthony@hpiclt.org.

BUSINESS REPORT

Message from the Mayor

The City of Highland Park is known for having one of the most vibrant and thriving business environments on the north shore. In these challenging economic times, it is imperative that the City be innovative and adaptable in order to maintain a position as a top business center in the northern suburbs. Earlier this year, the City Council renewed its commitment to enhance the business climate in Highland Park, making it the north shore's premier destination in which to conduct business, and to reversing the recent trends in business vacancies, retail sales and sales tax revenue. To that end, the City Manager's Office has since modified the Economic Development Assistant's responsibilities to emphasize business development, marketing, business attraction and retention. These objectives will not only focus on the Central Business District, but throughout the City. Communication among business owners and the City is crucial and will result in a long-term positive outcome. As a result, since January 1, 2010, the City has welcomed twenty-four new businesses to Highland Park.



A component of the City's economic engine is the cultural arts community. The performing arts are a significant factor in promoting economic development and enriching the downtown. Recently, I appointed an advisory committee of experienced individuals who have a wealth of knowledge and expertise in the performing arts and have collectively utilized their talent to provide recommendations on how to best utilize this venue. My objective is to advance the goal of bringing performing arts to downtown Highland Park. Right now, the theatre is operating in its current capacity as a movie theatre, and the retail spaces are fully leased. However, I am confident that we are on the right path to finding even better uses for this venue on a long-term basis. On April 12, 2010, the Advisory Committee provided several short-term and long-term recommendations to the City Council to enhance the adaptive reuse of this downtown landmark.

In 2009, the Theatre brought in over 41,000 people to the downtown. According to the *Arts & Economic Prosperity III* study, local audiences spend an average of \$19.53 per person, per event in addition to the cost of admission, and non-local audiences spend twice this amount, or \$40.19 per person, per event. By keeping the theatre in operation, the City can continue to bring people into the downtown, for the benefit of our restaurants and stores.

While you may have heard that Borders Books and Music is closing several hundred stores nationally and Borders on Central Avenue will be closing in June, the City is actively working to find alternate commercial uses for that space. The City is also pursuing new retail opportunities that will enhance the future of the downtown. As always, if you have any ideas or suggestions about retail and commercial opportunities, please contact me at (847) 926-1007. Finally, City staff has worked diligently to complete a recent update to the City's downtown master plan, as well as a retail market analysis for the Ravinia Business District. As these plans are finalized, it is anticipated that recommendations within these documents will subsequently be prioritized and ultimately implemented.

I would like to personally thank all Highland Park residents for their continued support of our local businesses. While some may consider the economic recovery to be slow, it is important that we not cease efforts to continue to make Highland Park a great place for residents to shop, dine, work and enjoy a meaningful cultural experience. I am confident if we pursue all of these efforts, Highland Park will lead the economic recovery for the Chicagoland area.

Thank you, Mayor Michael D. Belsky

A handwritten signature in cursive script that reads "Michael D. Belsky".

Monthly Business Report

The following businesses have opened or relocated in Highland Park. For more details, please contact Carolyn Hersch, Economic Development Assistant, at (847) 926-1027/chersch@cityhpil.com.

- **Necessity Baking Company**
1766 Second Street
(847) 433-9010
- **Dave's Farm Stand**
Grocery Store
2070 Green Bay Road
(847) 432-3742
- **Boris Barber Shop**
Barber Shop
139 Skokie Blvd. - Crossroads
Shopping Center
(847) 559-1179
- **Twenty 9 Construction**
General Contractor
595 Elm Place, Suite 201
(847) 274-1155
- **Holcomb Family Chiropractic**
332 Skokie Valley Road
(847) 831-3746
- **Brow Art 23**
Beauty Salon
474 Central Avenue, Suite 5
(847) 266-2699
- **Unique Builders**
Builder's Showroom
172 Skokie Valley Road
(847) 831-1388
- **Nick's Upholstery**
1490 Old Deerfield Road #3
(847) 579-1820
- **Business Relocation**
- **Accelerated Rehabilitation Center**
Physical Therapy
1779 Green Bay Road, Suite 210
(847) 433-5502
- **Beanstalk**
Children's Store
654 Central Avenue
(847) 432-8300
- **Kaehler Luggage**
Luggage & Travel Accessories
650 Central Avenue
(847) 433-6500

PUBLIC SAFETY

Prescription Drug Recycling Program Now Available

The Police Department, Highland Park High School's Green School Initiative and the Save-A-Star Drug Awareness Foundation have joined together to create P2D2, an environmentally-safe prescription drug recycling program. There is no way to prevent prescription drugs from entering the water system once they are flushed down a drain or toilet. Once in the water, these pharmaceuticals become integrated with the water and most treatment plants are unable to remove such chemicals from the water supply. Fish and other wildlife in Lake Michigan are negatively affected, and may show signs of neurological and physiological damage. Unused portions of drugs in medicine cabinets also pose a danger to children who may accidentally ingest them, or to others who may use these drugs for recreational purposes. The City has two collection sites available to residents. The Police Department lobby, 1677 Old Deerfield Road, is open for the disposal of unused medications 24-hours a day. Additionally, the foyer of the North Shore Health Center, 1840 Green Bay Road, is open Monday, Wednesday and Thursday between 8:00 a.m. and 8:00 p.m., as well as on Tuesdays, Fridays and Saturdays between 8:30 a.m. and 4:30 p.m. Residents are advised to make sure that all liquids are in tightly sealed containers. If returning pills without the bottle, please place them in a plastic bag. Drugs that are disposed of at local collection sites will be collected by the Highland Park Police Department and incinerated. For more information, please visit www.cityhpil.com or contact Police Officer Tom Spanos at (847) 432-7730/tspanos@cityhpil.com.

Acceptable Medications

Prescription medications (except controlled substances)
All over-the-counter medications
Medication samples
Vitamins and supplements
Medicated ointments, lotions, creams and oils
Liquid medication in leakproof containers
Homeopathic remedies
Suppositories

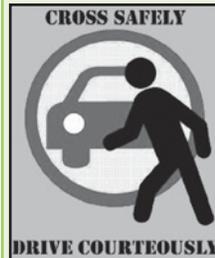
Non-Acceptable Materials

Needles/sharps
Syringes with needles
Thermometers
Controlled substance prescriptions
IV bags
Bloody or infectious waste
Empty containers
Hydrogen peroxide
Illegal drugs and narcotics

Implementation of Red Light Enforcement Cameras Moves Forward

The City of Highland Park and its red light camera vendor, Redflex Traffic Systems, are moving forward with the implementation of automated red light enforcement cameras at the highway intersection of U.S. Route 41 and Park Avenue West. Pending the approval of a permit from the Illinois Department of Transportation to utilize automated red light enforcement cameras for the south bound U.S. Route 41 approach at Park Avenue West and for the west bound Park Avenue West approach at U.S. Route 41, construction on the automated red light enforcement camera infrastructure will commence late summer. Historically, this intersection has had one of the highest numbers of vehicle accidents and associated injuries within the City. In an effort to improve traffic safety and compliance with traffic laws, automated red light enforcement cameras are being implemented and have obtained the support of the Traffic Commission and City Council. The Police Department will conduct a public awareness campaign that includes a 14-day warning period prior to the automated red light enforcement cameras becoming fully operational. For more information, contact Police Sergeant Chris O'Neill at (847) 432-7730/coneill@cityhpil.com.

May 'Street Smarts' Safety Tip



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In the interest of pedestrian and vehicular traffic safety, the Human Relations Commission and the Police Department have joined together to promote the "Street Smarts" traffic safety initiative. Most pedestrian deaths and injuries are traffic-related. Children are especially vulnerable because they are exposed to traffic threats that exceed their cognitive, developmental, behavioral, physical and sensory abilities. This is compounded by the fact that parents often overestimate childrens' pedestrian skills.

It is recommended that the following child pedestrian safety rules be reviewed with children to reduce the potential for accidents:

- Cross the street at the corner or at a crosswalk
- Recognize and obey all traffic signals
- Avoid emerging onto the street in between, in front of, or behind parked vehicles or obstructions
- Know that vehicles may not always stop at a stop sign or a red light
- Walk on a sidewalk, or if there is none, walk on the roadway shoulder or on the left side of the street facing oncoming traffic
- Cross in front of a school bus when the driver indicates it is safe; never cross behind a school bus or where the driver cannot see you
- Do not play in the street

For more information, please contact City staff members Gina Gooden at (847) 926-1865/ggooden@cityhpil.com or Police Sergeant Chris O'Neill at (847) 432-7730/coneill@cityhpil.com.

CITY NEWS

New ComEd Program Affords Opportunity to Shift Electric Use, Save Money

In 2007, Commonwealth Edison (ComEd), the City's franchised provider of electricity, established a Residential Real-Time Pricing (RRTP) program, which gives residential customers access to wholesale market prices for electricity. Under ComEd's standard fixed-price rate, electricity prices are always the same no matter what time of day customers use it. With ComEd's RRTP program, customers pay lower prices for electricity during off-peak hours, such as nights and weekends. In addition, electricity prices often remain the lowest throughout the entire day during the fall, winter and spring. Using less electricity during summer afternoons when electricity costs are typically higher and shifting the use of power-hungry appliances to lower-priced hours can help to maximize potential savings.

RRTP participants also help the environment. By reducing electricity use during "peak" periods, participants help reduce the use of older, less efficient (and more polluting) generation facilities that are only used in brief periods of high demand. In this way, participants help reduce the release of emissions that contribute to global warming.

Residents interested in participating in this program may register either online at www.thewattspot.com or by paper application,

which can be requested at 1-877-WattSpot. All that is needed to enroll is a current ComEd account number and meter number, which appear on any monthly ComEd bill. After enrolling, a ComEd technician will install a new "smart" meter in the participating residence, and residents will be charged a smart meter lease rate of \$2.25 per month. Once registered, residents are required to participate for a minimum of one year, after which they can return to the standard fixed-price rate or continue on the RRTP program.

In connection with this program, ComEd provides resources to help participants manage and track electricity use. The program website, www.thewattspot.com, has a personalized bill comparison toll that shows how much residents have saved each month with the program, and even provides an hour-by-hour breakdown of a prior month's electricity usage. Program participants will be notified in advance of high priced periods via e-mail, text message or automated phone call. Predicted prices for the following day are always available on the www.thewattspot.com or by calling 1-877-WattSpot.

To enroll in the program, visit ComEd's RRTP program website at www.thewattspot.com or call 1-877-WattSpot.

One Book, One Highland Park Events Scheduled



Krik? Krak! by award-winning Haitian-American author Edwidge Danticat is the Spring title for the *One Book, One Highland Park* community-wide reading program. Danticat's debut story collection takes its title from a Haitian storytelling tradition in which tales are passed to new generations. Lyrical and compelling, Danticat's stories examine ordinary Haitians who express their hopes and dreams while living, loving, and struggling to survive in a repressive society. Nominated for the National Book Award in 1995, the book is still as relevant today as when first published and was selected to coincide with the recent earthquake disaster in Haiti.

The book is available at the Library and Borders Books and Music on Central Avenue. Two events are scheduled to coincide with the book. These events will be held at the Library and are sponsored by the Downtown Highland Park Alliance.

The Real Story on Haiti: Thursday, May 20, 7:00 p.m.

WBEZ's award-winning journalist Steve Edwards interviews Daniel Wordsworth, president of the American Refugee Committee, an international humanitarian aid agency, for a look at what's happening in Haiti. Wordsworth recently returned from his second trip to Haiti since the recent earthquake. Learn about the people he met, the relief effort and what the future holds. Daniel Wordsworth serves as president and CEO of the American Refugee Committee (ARC), which operates relief programs throughout Africa and Asia and helps people survive conflict and crises. Prior to the ARC, Wordsworth was with the Christian Children's Fund (CCF). During his tenure, he built the foundation of CCF's emergency response programs in East Timor, Sierra Leone, Gujarat, Afghanistan, and Northern Uganda. Steve Edwards is the director of content development at WBEZ 91.5 FM Chicago Public Radio. Previously he served as the host of WBEZ's "Eight-Forty-Eight," an award-winning daily newsmagazine.

Book Discussion: Monday, May 24, 7:00 p.m.

Noted book discussion leader Judy Levin will lead a discussion on *Krik? Krak!*

For more information about *One Book, One Highland Park* and *Krik? Krak!*, please contact Beth Keller at the Highland Park Library at (847) 432-1573/bkeller@hplibrary.org.

COMMUNITY CALENDAR

CITY MEETINGS

The public is invited to attend City meetings, which take place at City Hall, 1707 St. Johns Avenue, unless otherwise noted. Dates and times are subject to change. Call (847) 432-0800 for further details.

Mon., May 17	Design Review Commission	7:00 p.m.
	Sister Cities Foundation	7:00 p.m.
Tues., May 18	Plan Commission	7:30 p.m.
Thurs., May 20	Zoning Board of Appeals	7:30 p.m.
Mon., May 24	Committee of the Whole	4:30 p.m.
	City Council	7:30 p.m.
Tues., May 25	Business and Econ. Develop.	6:00 p.m.
Wed., May 26	Traffic Commission	6:30 p.m.
	Cultural Arts Commission	7:30 p.m.
Thurs., May 27	Environmental Commission	6:30 p.m.
Tues., June 1	Plan Commission	7:30 p.m.
Wed., June 2	Housing Commission	6:30 p.m.
Thurs., June 3	Zoning Board of Appeals	7:30 p.m.
Mon., June 7	Design Review Commission	7:00 p.m.
Tues., June 8	Library Board of Trustees (494 Laurel)	7:15 p.m.
Wed., June 9	Lakefront Commission	6:30 p.m.
Thurs., June 10	Historic Preservation	7:30 p.m.
Mon., June 14	Finance Committee	3:30 p.m.
	Committee of the Whole	4:30 p.m.
	City Council	7:30 p.m.

LIBRARY PROGRAMS

The Highland Park Public Library presents free literacy and cultural programs. Registration for certain programs may be required as noted. The Library is located at 494 Laurel Avenue. For more information, call (847) 432-0216 or visit www.hplibrary.org. The Library will be closed on Monday, May 31. The Library will open at 10:00 a.m. on Wednesday, June 2.

“Inglorious Basterds.” Film Discussion, Wednesday, May 19, 7:00 p.m. Film instructor Dick Adler leads a discussion. Sponsored by The Friends of the Highland Park Public Library.

Bookyard Baseball Summer Reading, Monday, June 7 - Saturday, July 31. Ages newborn - middle school. Read books, play games and win prizes. Visit the Library to report on a book or play online 24/7. Visit hplibrary.org/kids and click on “reading programs” to register.

Junior Page Volunteer, Session I: Monday, June 7 - Saturday, July 3, Session II: Tuesday, July 6 - Saturday, July 31. For students entering 6-9 grades. Help out in the Youth Services Department. Orientation, Session I: June 3, 7:00 p.m. or June 5, 11:00 a.m., Session II: June 26, 11:00 a.m. or July 1, 7:00 p.m. Registration required and limited to Highland Park residents or residents of the North Shore School District 112 Service Area. Register in the Youth Services Department or call (847) 681-7030.

CULTURAL ARTS

Swords of the Eastern Hemisphere	Historical Society	Pilgrim Chamber Music Concert	Community House
Ongoing through Fall 2010	326 Central Avenue	May 23, 3:00 p.m.	1991 Sheridan Road
\$3 - \$5	(847) 432-7090	\$10 - \$20	(847) 433-0972
Music and Fun Fest	Midwest Young Artists	Chicago Children’s Choir	Ravinia Festival
May 16, Noon - 7:00 p.m.	878 Lyster, Highwood	June 4, 7:30 p.m.	200 Ravinia Park Road
Free	(847) 926-9898	\$10 - \$45	(847) 266-5100
Orchestra Spring Concert	HP High School	Architecture Tour	Buhai Plaza
May 17, 7:00 p.m.	433 Vine Avenue	June 6, 2:00 p.m. - 4:30 p.m.	600 Central Avenue
Free	(224) 765-2160	Free for CAF members - \$15	(847) 432-2433
HP Strings Concert	Ravinia Festival	Highland Park Poetry	The Art Center
May 23, 3:00 p.m.	Bennett Gordon Hall	June 11, 8:00 p.m.	1957 Sheridan Road
Free	200 Ravinia Park Road	Free	(847) 926-1006
	(847) 831-3622		

YOUTH SERVICES

The Firehouse Youth Center

Serving middle-school youth in the community
1830 Green Bay Road (847) 433-3090

The Firehouse School Year Hours:

Monday - Friday, 3:00 p.m. - 6:00 p.m.; closed on weekends
Open on days off from school (for those enrolled in trips only)

REGISTER NOW FOR FALL PROGRAMS

Don't miss out on the opportunity to participate in activities at *The Firehouse*. Sign up now for: "After 3," Transportation from School, Days Off of School Field Trips, Late Nite Middle School Events, Kid Couriers Community Service and more. Space is limited and activities fill up quickly. Please call (847) 433-3090 for additional information.

SUMMER CAMPS 2010

All one-week specialty summer camps are from 10:00 a.m., sharp, to approximately 5:00 p.m., depending on the distance to the destination and traffic. *The Firehouse* is open one hour before camp and closes at 5:00 p.m. for those enrolled in the camp. Please check below for details. Scholarships are available for qualifying families. Specific information regarding each camp, along with a liability waiver, will be mailed to participants one month prior to the start of camp. The liability waiver is mandatory in order to participate. Please call *The Firehouse* for more information regarding any of the camps at (847) 433-3090.

CAMP H2O

Session I: June 14 - 18, Session II: July 19 - 23

10:00 a.m. - 5:00 p.m., Fee: \$200/Non-Members: \$225

Cool off this summer and enjoy five of the best water destinations in one week. Lunch and transportation are included in the fee. Enjoy trips to the following locations: Gilson Beach - build sand castles, play beach volleyball and enjoy a day in the sun; Magic Waters - tube slides, body slides and a lazy river; Hurricane Harbor - wave pool, speed slides, racer slides and large atomic coasters; Mystic Water - two exciting 37-foot slides, the daring drop slides and cliff dives; Raging Waves - speed slides, a lazy river and a wave pool.

GAMES GALORE

Session I: June 21 - 25, Session II: July 26 - 30

10:00 a.m. - 5:00 p.m., Fee: \$200/Non-Members: \$225

Get your game on and put some of the area's best arcades to the test. Lunch and transportation are included in the fee. Enjoy trips to the following locations: Funway - features go-karts, mini-golf, batting cages and bumper boats; ESPN Zone - sports-themed video games plus many unique interactive games; Dave & Busters - over 200 games from the classics to the latest and greatest; Safari Land - over 150 arcade games, indoor rides and dozens of prizes; Gameworks - compete on hundreds of interactive games and simulators.

JUNIOR POLICE ACADEMY

Session I: July 6 - 9, 10:00 a.m. - 5:00 p.m.

Fee: \$200/Non-Members: \$225

Spend the morning learning how to be a Highland Park Police Officer and the afternoon at the Highland Park Aqua Park. Work hands-on at a mock crime scene. Learn from guest speakers in specialty divisions of the Police Department such as: Tactical Team, Dive Team, K-9, Evidence Technicians, Bike Patrol and Accident Team. Lunch and transportation are included.

CAMP WHAT'LL WE DO

Session I: July 12 - 16, Session II: August 9 - 13

10:00 a.m. - 5:00 p.m., Fee: \$200/Non-Members: \$225

Enjoy the best of trips of the summer all combined into one fabulous week. Lunch and transportation are included in the fee. Enjoy trips to the following locations: ESPN Zone - sports-themed video games plus many unique interactive games; Raging Waves - speed slides, a lazy river and a wave pool; Dave & Busters - over 200 games, from the classics to the latest and greatest; Hurricane Harbor - wave pool, speed slides, racer slides and large atomic coaster; Chicago River and North Avenue Beach - canoe on the Chicago River and then play volleyball at North Avenue Beach.

COMMUNITY SERVICE OPPORTUNITIES - KID COURIERS

For more information, please contact Gina Gooden at (847) 926-1865 / ggooden@cityhpil.com

Each Friday at 4:00 p.m., volunteers shop for groceries or run errands for homebound seniors. Volunteers are accompanied by staff from Youth and Senior Services. In addition to grocery shopping, errands include trips to the library, pharmacy, and dry cleaners.

ROBERT BARNARD CHARACTER COUNTS PILLAR AWARD RECIPIENTS ANNOUNCED

The Character Counts Committee of the City of Highland Park has selected the 2010 Robert Barnard Character Counts Pillar Award Recipients. The Committee honors nominees whose beliefs, attitudes and actions consistently exemplify the six pillars of character: Trustworthiness, Respect, Responsibility, Fairness, Caring, and Citizenship. Congratulations to the following recipients:

David Abrams	Erin Larner
Judy Amidei	Charlie Lens
Sandra L. Anderson	Diana Levy
David Barrette	Arabella McMenamin-Walsh
Kirby Bartelstein	Irving Byron Moses
Alyson Beermann	Carolina Munoz
Ari Bell	Josh Olian
Adam Bernstein	Jennifer Ortega
Leah Canel	Elizabeth Picazo
Sam Chase	Jack Pohn
Lauren Chilow	Kristin Pressman
Danielle Cohn	Patsy Prince
Ally Connors	Karina Ramirez
Taylor Czerwinski	Erin Rubinstein
John Estal	Chloe Sacks
Karen Falberg	Lindsay Saltzberg
Aviva Ginzburg	Carolyn Simon
Charlie Gordon	Jaclyn Skurie
Gabriella Greenberg	Maria Solorio
Kathryn Guylay	Beth Sosler
Blake Harwood	Ellie Sullivan
Lucas Humerick	Nina Tannenbaum
Seth Humerick	David Toledo
Jack Kirkwood	Herbert Wander
Ari Kohn	Laurie Weil
Beth Shapiro Kopin	Gabe Weiner
Janice Korn	Carole Yuster
Lily Kraft	Ava Zimmerman
Andrew Krug	



THE HIGHLAND PARK SENIOR CENTER

54 LAUREL AVENUE (847) 432-4110
CITY WEBSITE: WWW.CITYHPIL.COM

HOURS: MONDAY - FRIDAY
8 A.M. - 5 P.M.

Targeting adults 50+ with Education, Recreation, Enrichment Programming, and Support Services
Please call the Center for membership information and to register for activities.

- ◆ Life-long learning, featuring exceptional lecturers
- ◆ Fitness classes: Strength/Core/Cardio, Yoga, Sit & Be Fit, Tai Chi, *Zumba*, and more
- ◆ Social events, singles events, exceptional entertainment, & special interest groups
- ◆ Day excursions to the hottest new plays and museum exhibits, all by luxury motorcoach
- ◆ Resources & information for families facing transitions including housing options, home care referrals, and a Medical Equipment Loan Closet
- ◆ Community service & volunteer opportunities for all ages, youth and adults
- ◆ Classes in bridge, canasta, art, computers, photography, ceramics, writing & more
- ◆ Full time Social Services Coordinator providing support groups for widows, family caregivers, and individuals seeking counseling and advice
- ◆ Please call (847) 432-4110 for additional details

Special Activities

Mix and Mingle Social Group

The Highland Park, Lake Forest / Lake Bluff, and Patty Turner Senior Centers invite single members to attend. Registration is required; deadline is 1 week in advance.

Dinner and Performance

Ravinia Festival

Wednesday, June 23 5:30 - 8:30 p.m. \$18
The Golden Dragon Acrobats are featured. Weather permitting, the group will meet for a Dutch treat dinner prior to the performance, at the Ravinia Market.

*Sponsored by Visiting Angels
Living Assistance Services*

Breakfast at the Beach

North Shore Yacht Club

Friday, June 18 9:30 - 11:30 a.m. \$10 / NM: \$12
Soothing guitar music complements a sumptuous breakfast buffet, as you enjoy your meal overlooking the sandy shore of Lake Michigan.

Sponsored by Freedom Home Care

Chicago Symphony Orchestra

Pre-Concert Lectures

By Jim Kendros

Highland Park Senior Center

Wednesdays, June 23, July 7, & August 11

2 - 3:15 p.m. Free, for members only
Gain insight and understanding of these great musicians and their music, as you plan your Ravinia visits this summer. Advance registration required.

Sponsored by The Seasons at Glenview Place

Grandparent & Grandchild

Surf's Up Pool Party

JCYS Lillian L. Lutz Recreation Center

Sunday, July 11 4:30 - 6:30 p.m. \$8 / NM: \$12
Gather your grandchildren at this new facility on Half Day Road. Perfect for children of all ages; it features a toddler Splash Pad, and a deep water pool with slides for older youth. The "Sport Court" will be open for basketball and other athletic activities. A family friendly buffet dinner is included. Rain date: 7/18/10.

DAY EXCURSIONS

Day Excursions

Excursions include trips to Chicago for plays in the *Broadway in Chicago* series, major museum exhibits, cultural destinations such as opera and ballet, special interest tours, and sporting events. Please call for further details.

Rick Bayless' Kitchen Garden Tour and Lunch at Rick Bayless' Frontera Grill

Thursday, June 24

A visit to Rick's organic garden, which grows all the vegetables for his restaurants, is followed by lunch at Frontera Grill. Only a few spots open.

Horseshoe Casino

Hammond, Indiana

Thursday, July 15

Fee includes a lavish buffet lunch, a \$5 free slot play voucher, and motorcoach transportation.

Sugar

Drury Lane Theatre, Oakbrook

Thursday, July 29

Adapted from "Some Like It Hot," this hilarious musical version of the film classic is not to be missed. A lovely lunch precedes the performance.

Edelweiss Cruise

Milwaukee, WI

Tuesday, August 17

View Milwaukee from a unique venue and enjoy an excellent meal, making this a memorable experience.

Crazy 'Bout the Duke

Skokie Theatre

Fall 2010

Relish the music of this big band era, with a fabulous group of musicians, and a great lunch prior to the program.

Some of the trips have been previously promoted and may be filled. Please call the Senior Center at (847) 432-4110 if you would like to make a reservation or add your name to the wait list. Payment is required at the time of registration.

Kenney, Miller, & Bronstein Lecture Series

Highland Park Country Club

Thursdays, 1 - 3 p.m.

Free for members / NM: \$10

May 20	God's Comeback	Ron Miller
July 8	And Then What?	Ron Miller
Sept. 30	The Global Commons	Jim Kenney
Nov. 18	Religion as Illusion?	Rabbi Bronstein

Sponsored by ManorCare Health Services

Monday Speaker Series

Highland Park Police Department

10:30 - 11:30 a.m.

Free, for members only

Listen to an interesting speaker each week, on a wide variety of topics. You will find everything from musical history to politics, and armchair travel to the best books to read. This series runs throughout the year.

May 17	Morocco
May 24	Meet Author Carol Felsenthal
June 7	Cuba: The Faithful and Unlucky Island
June 14	Danny Kaye: Consummate Entertainer
June 21	FDR and the Jews
June 28	Jewish Choral Music

Senior TV Production Team Free Open House

Highland Park Public Access Center

1677 Old Deerfield Road

Tuesday, May 25

1 - 3 p.m.

Join this fun and dedicated group and learn what they do. Tour the new production studio, meet the volunteer crew, participate in a mock production involving hands-on experience, and enjoy refreshments. Please call (847) 432-4110 to register.

Registration

Most classes are scheduled on a bi-monthly basis, with registration for new sessions every eight weeks.

Many of the classes allow a “Try the First Class Free” experience, however, advance permission is required and some limitations apply. Please call (847) 432-4110 for further details or to register.

Sports and Fitness

Seated Stretching: Monday mornings

Sit and Be Fit: Monday & Thursday afternoons

Gentle Tai Chi: Wednesday afternoons

Tai Chi Chen: Friday afternoons

Yoga: Tuesday & Friday mornings

Low-Impact Cardio: Thursday mornings

Cardio, Strength, & Core: Tuesday mornings

Zumba Gold: Wednesday mornings

Golf Clinics: Saturday mornings

Table Tennis: Mondays & Wednesdays

IPRA Six-County Senior Olympics

Location: Park Ridge, and local communities
Dates: Monday, July 12 – Friday, July 23
Fee: \$14 single day / \$20 unlimited days
Age: 50 years and older

The IPRA Senior Olympics provides an opportunity for older adults to compete with their peers in an atmosphere of friendship and support. The event is open to seniors of all ability levels, and hosts more than 30 events: golf, tennis, bowling, swimming, biking, track & field, horseshoes, bocce, volleyball and more.

Senior Olympics is sponsored by Presbyterian Homes, Glenview Terrace Healthcare and Rehabilitation Center, and Guardian Home Care and Hospice.

Art Classes

Art Styles & Techniques: Tuesday afternoons

Ceramics: Tuesday afternoons

Portrait & Landscape: Wednesday mornings

Digital Photography: Wednesday mornings

Advanced Painting: Thursday afternoons

Jewelry Making: Friday, May 14

Gourd Bowl & Mask Making: Friday, June 25

Conversational Spanish

Beginning Spanish: Tuesday Mornings

Continuing Spanish: Tuesday Mornings

Computer Classes

A wide variety of classes are offered including Beginning and Continuing Computers, as well as more advanced classes such as Intro to Social Networking, Power Point, and Quicken for Home and Business. Students work on their own computers, with individual attention. Excellent handouts are provided for each class. Please call for further details.

Rules of the Road

Thursday, June 3

This class assists older adults in preparing for their driver's license renewal test.

AARP Driver Safety Classes

Thursday & Friday, June 10 & 11

This class helps older adults sharpen driving skills and develop strategies for adjusting to age-related changes. Completion of class may provide insurance discount eligibility.

Write Your Legacy Letter

Tuesdays, May 25 - June 22 11 a.m. - 12:30 p.m.

A Legacy Letter encompasses the experiences, personal values, beliefs, and life lessons that have helped shape the person you are today. Topics include: family traditions, lifelong learning, friendship, forgiveness, and hopes for future generations. Carole Mark Gingiss teaches what a Legacy Letter is and how to write one.

Social Services

The Highland Park Senior Center employs a full-time Social Services Coordinator. Support services are available to Highland Park residents in the following areas, which may affect every family at some time in their lives.

Daily Telephone Reassurance

To reassure individuals living alone, a call is made each day to check on their well-being. Emergency procedures are activated if a problem is detected.

Medical Equipment Lending Closet

Highland Park residents may borrow wheelchairs, walkers, bath benches, etc., at no charge, to accommodate frequent post-surgical needs, not covered by Medicare or private insurance.

Support Groups

Led by the full time Social Services Coordinator and a Licensed Clinical Social Worker from Family Service of South Lake County, the following groups provide assistance to individuals in need of specialized counseling to deal with life transitions:

Widow / Widower's Support Group

Grief Group

Family Caregiver Support Group

Support Group for Parents and Siblings with Dependent Adult Family Members

Grocery Shopping & Errand Services

Students from the middle schools in Highland Park, under the supervision of staff from *The Firehouse* Youth Center and the Highland Park Senior Center, shop and run errands every Friday afternoon for local home bound residents.

SHIP - Senior Health Insurance Program

Volunteers help solve problems with medical bills, Medicare, Medicare Supplemental Insurance; review long term care policies and planning; assist with Medicare Part D Prescription Drug coverage; decisions involving transition into retirement with regard to insurance coverage.

2009 - 2010 Corporate Sponsors

Sincere thanks and appreciation go to the sponsors listed below for their generous support of the Senior Center, providing resources to enhance programming for the membership.

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Presbyterian Homes

Sunrise Assisted Living

Whitehall of Deerfield HealthCare Center

Silver Sponsors (\$500 - \$1999)

Addus HealthCare

Asset Protection Associates

Belmont Village of Glenview

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Weinberg Community for Senior Living

First Bank of Highland Park

Freedom Home Care

Highland Park Nursing and Rehab

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Midwest Palliative and Hospice CareCenter

The Moorings of Arlington Heights

The Park at Vernon Hills Retirement

Community

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The Seasons at Glenview Place

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Look for LATE NITE HP events on Friday and Saturday evenings in Highland Park. For more information, visit www.latenitehp.com.



SWALCO Offers Opportunities to Recycle Athletic Shoes

Every year, more people are becoming interested in what they can do to “go green,” and help the planet. Part of going green is minimizing the amount of waste going into landfills. Athletic shoes are among the most popular types of shoes purchased today and millions of them, in addition to other types of shoes, end up in landfills each year.

For the 6th year, SWALCO (Solid Waste Agency of Lake County) has coordinated a gym shoe recycling and reuse program in an effort to address this issue. An important part of SWALCO’s mission is to educate the public about the importance of recycling and waste reduction, and encourage practices to reduce, reuse and recycle the amount of solid waste generated. In addition to electronics collections, household chemical waste collections, school education and compost bin sales, this is one of several key programs that is coordinated by the Agency and people of all ages can participate in.

Nearly 30,000 worn-out athletic shoes were recently shipped to a Nike processing facility where they will be ground up and turned into new athletic fields, tracks, playgrounds and other sports surfaces. Additionally, thousands of gently worn shoes were collected for donation to a local shoe charity.

Those groups offering year-round drop-off sites for individuals or families who have a few shoes from their homes they would like to drop-off include, Gurnee Park District, Vernon Hills Park District, Vernon Hills Public Works Department, State Rep. Carol Sente, Wauconda Village Hall, Wauconda Public Library, Wauconda Public Works Department, Federated Church of Wauconda and Wauconda’s District 118 Schools.

To find out how a group can register and participate, or to learn more about the program, please contact SWALCO’s Public Information and Education Officer, Merleanne Rampale, at (847) 336-9340 extension 4, or visit the SWALCO website at www.swalco.org under the Reuse-A-Shoe page. Orientation sessions will be scheduled later in the year for new groups that would like to be part of the 2011 program.

Sustainability Strategic Plan Now Available

A draft of the City’s community-wide sustainability strategic plan is now available on the City’s website at www.cityhpil.com under ‘City News.’ City staff recently completed a series of stakeholder meetings with partners in the Green Initiatives Alliance, including the Park District, School Districts 112 and 113, the Chamber of Commerce, Downtown Alliance, SWALCO, Highland Park Hospital, and the Environmental and Lakefront Commissions. For more information or to provide comment and feedback, please contact Emily Palm, Management Analyst, at (847) 926-1046/epalm@cityhpil.com.